Production Technology of Under Utilized Fruits: Kair {Capparis decidua} and Cordia {Cordia dichotoma}

P.K. Yadav

Assistant Professor

College of Agriculture Bikaner-334 006

Importance of under-utilized fruits



- Nutritive: Fruits e.g. ional ,bael, jamun, timru, datepalm, khejri
- Processing: Jam, Jelly, Syrup, squash, Candy, Toffee,
- Sugar : Datepalm
- Gums:Used in textiles, cosmetics, cigars, paste & ice cream industry bael and chirongi
- Oils and fat: Oil used in soaps, paints, varnish, hair oil pharmaceutical basis and lubricant (Mahuca seed contain 51 % oil)
- Essential oil: flower buds of caparis spinosa contain essential oils.
- Spices and Condiments: Tamarind, anardana used for this purpose.
- Medicinal : Bael, Aonla, Jamun, etc fruits used to cure of heart, jaundice, diarrhea and eye disorder



Medicinal importance of some underutilized fruits

- Bael : Used in chronic diarrhoea and dysentery
- **Turang : Appetite, digestion and problem of stones**
- Aonla : Diabetes, heart, respiratory disorder, dysentery, jaundice
- Ber : asthma and liver complaints, root decoction in fever
- Jamun : stomach disorder, diabetes, piles ,diarrhoea and dysentery
- Morus : Green fruit, useful in stomach ailments good for curing the mental disease, hysteria and constipation.

Drum stick : Used in purification of water and softening of hard water. Lasoda : Anthelmintic diuretic

Salvidora(pilu) :Leaves used against the cough rheumatism & low fever Khejri : it control cough ,asthma, leprosy, tuberculosis, bleeding piles Karonda ; seed powder is used in curing of cracking skin of foot and hand Kair : good for analgesic, diaphoretic, laxative,anthelmintic, cough, asthma Khirini : it gives strength to heart and used in tuberculosis and leprosy

Distribution of area under duns soils and sandy plain soils (mha) in Rajasthan



District	Dun soils	Sandy plain soils	
Jaisalmer	1.69	1.16	
Bikaner	1.29	1.03	
Barmer	1.00	1.31	
Churu	0.89	0.52	
Jodhpur	0.29	1.32	
Jalore	0.24	0.26	
Sri Ganganagar	0.20	1.25	
Nagaur	0.12	0.64	
Jhunjhunu	0.06	0.38	
Sikar	0.04	0.49	
Ajmer	0.007	0.04	
Pali	0.005	0.06	
Jaipur	-	0.31	
Alwar	-	0.02	
Total	5.85	8.83	

IMPORTANCE OF CORDIA PLANT

Fruits: UNRIPE MATUTE FRUITS USED IN PICKLE & VEGETABLE, RIPE FRUITS ARE RICH IN VITAMINS AND MINERALS

Fodder: LEAVES USED AS FOODER FOR GOAT CONTAINS ABOUT 12-16 CRUDE PROTEIN AND 16-27% CRUDE FIBRE

Medicinal: FRUITS CONSIDERED AS ANTHELMINTIC, ANTI TUMER, DIURETIC, DEMULCENT AND EXPECTORANT

Wood: TO MAKE THE ORNAMENTAL FURNITURE AND TOYS

Wind break : IN ARID REGIONS IT PROTECT THE ORCHARD FROM HOT WIND & GIVE THE ADDITIONAL INCOME TO GROWER

Nutritive value of cordia fruits



Constituents	Value Per 100 g pulp)
Water	82.5 %
Protein	1.8 %
Fat	1.0 %
Minerals	2.2 %
Fiber	0.3 %
Carbohydrate	12.2 %
Acid	0.2 %
Pectin	4.51 %
Total soluble solids	10.2 %
Ash	2.13 %
Energy	65 Kcal
Calcium	40 mg
Phosphorus	60 mg
Potash	1.66 %
Iron	0.0055 %

CLIMATE & SOIL REQUIREMENT FOR CORDIA

- THRIVES WELL IN TROPICAL AND SUBTROPICAL CLIMATE
- SUSSEPETIBLE TO FROST BUT TOLERATE 1°C TEMP FOR FEW WEEKS.
- WITHSTAND DROUGHT TO A VERY EXTENT
- TOLERATE HIGH TEMP. UP TO 45-48 °C during summer .
- Crop can successful grown in area having rainfall 250-300mm or more

SOIL REQUIRMENT FOR CROP



- SUCCESSFUL GROWN IN NEGLECTED LAND,WASTE LAND ,LOW FERTILITY ,SANDY SWAMPY SALINE ALKALINE
- SANDY LOAM SOILS MOST SUITABLE FOR VIGOROUS GROWTH & PRODUCTIVITY, BUT KAIR CAN SEEN ON ROCKY & GRAVEL SOILS
- SALINITY TOLERANT UP TO SOME LEVEL
- pH 9.0
- Kair grow successfully grown in sandy soils when other most of the crops are fail to grow

Propagation: EFFECT OF DIFFEREN TREATMENT ON SEED GERMINATION OF CORDIA

TREATMENT	SEED GERMINATION %	
CONTROL	25.3	
SOAKING IN HOT WATER	30.7	
SOAKING IN FRESH WATER 2 DAYS	33.7	
" " 4 DAYS	38.7	
" " 6 DAYS	37.3	
H ₂ SO ₄ TREATMENT FOR 20 MINUTES	29.3	
" 25 "	37.3	
° ° 30 °	38.7	
HAND CRACKING	25.3	

SUCCES OF GRAFTAGE DUE TO DIFFERENT METHODS & MONTHS IN CORDIA

METHODS	15 ^{⊤н} AUG	15 ^{⊤н} SEP	15 ^{⊤н} NOV
T BUDDING	95	77	13
I BUDDING	80	54	10
CLEFT GRAFTING	70	54	10
SIDE GRAFTING	13	00	00

EFFECT OF AGE OF STOCK AND SCION ON SUCCESS PERCENTAGE OF "T" BUDDING

	scion			
STOCK	1 month	2month	3month	
6 MONTH	46	53	43	
12 MONTH	70	75	60	
18 MONTH	53	43	40	

LENGTH OFSPROUTED SHOOT 90 DAYS AFTER GRAFTING (cm) IN CORDIA



METHOD	15 ^{⊤н} Aug	15 ^{тн} Sep	15 ^{⊤н} Oct
T BUDDING	44.3	23.8	3.0
I BUDDING	33.2	20.8	2.1
CLEFT GRAFTING	24.3	18.8	1.7
SIDE GRAFTING	21.2	4.1	0.7

CULTVARS AND PLANTING TECHNIQUE



- GENERALY TWO TYPES OF CULTIVARS
 GROWN OF CORDIA
- LARGE FRUITED TYPE WHICH HAVE ABOUT 8.55g
 WEIGHT
- SMALL FRUITED TYPE WHICH HAVE ABOUT 3.00g WEIGHT
- SOME GERM PLASM HAS BEEN CLLECTED AT GUJRAT AND HISSAR FOR FURTHER EVALUATION
- PLANTING DISTACE KEEP 5-6 m & PITS ARE PREPARED IN JUNE.
- IN ARID AREAS PLANTING MOST SUITABLE IN RAINY SEASON.
- SMALL CATCHMENT AROUND PITS ARE PREPARED

Growth Behaviour



Two flushes of vegetative growth take place in north India

- Ist Confined in March-April
- IInd August –September (more growth in this period)



Patel & Singh (2000)

Observed more nutrient availability (NPK & FYM) at 0-20 cm depth than the 20-40 cm. WATER MANAGEMENT IN Cordia IN ARID CONDITION



- YOUNG PLANTS NEED WATER 15-20 DAYS, 8-12 DAYS IN WINTER & SUMMER, RESPECTIVELY.
- ONE YEAR OLD PLANT CAN WITHSTAND WITHOUT IRRIGATION WITH GIVEN THE SLOPE OF 5-10 %FOR RECEVING PRECIPITATION.
- HOING IS ALSO BETTER PRACTICE
 BEFORE RAINS

MULCHING THROUGH LOCAL MATERIAL (Kheep & Polythene)*

REDUCE THE SOIL TEMP 1.1 to 5.6 °C IN SUMMERS IN WINTER INCREASE TEMPERATURE 0.6 to 3.2° c **BLACK POLYTHENE CONSEVE 60 % MOISTURE** WHITE POLTHENE CONSERVE 45 % MOISUTRE YIELD WAS 84 % HIGHER WITH BLACK **UNDER WHITE POLYTHENE 74%** YIELD WAS 66 % HIGHER WITH Cordia Mulch **YIELD WAS 58% HIGHER WITH Kheep MULCH** (Avasthi etal., 2000)

Flowering

- Flowering takes place 15 March-15 April
- Fruit mature from middle of May
- Duration of flowering varied from 41-51 days
- Older shoots bear more flowers than young shoots
- The development of flower took 21 days,
- Flower open from 6-9 pm
- Maximum opening 8.0 AM
- Flower drop (98%) and fruit set (only 2%) observed
- Application of GA 3@ 100ppm at flowering produce higher fruit set (60%)



Fruiting



- Fruiting takes 50-55days to reach maturity
- Mature but green fruit harvested along with stack
- Seeded plants bear yield after 6years
- Budded plants in 3-4 years
- Yield about 50-100 Kg in un irrigated conditions 100-150 in irrigated conditions

Inter-crops with cordia

Irrigated

Un Irrigated

Cordia-Wheat

Cordia-Mateera

Cordia-Mustard

Cordia-Kachri

Corida-Fenugreek

Cordia-Cumin

Cordia-Clusterbean

Cordia-Moth





Kair (Capparis decidua)







Fight year old Ker plants raised by seeds growing luxuriantly

Distribution of kair crop

It is found in state Viz. Gujrat, Western Rajasthan, U.P, M.P, Haryana It is xerophytic shrub height up to 6 m, Growth slow, deep root system can go up to 4 m About 234 sp are observed in world, 26 reported in India among them *C.decidua* is important Leaves are smooth, linear, oblong appear only on

young shoots

Brick red colour flowers on old branches or on short lateral shoots

Fruits are globular & size of a cherry, mature green & ripe fruit pinkish

Importance

- Fruits used in pickling ,vegetable,
- Ripe fruit sweet but acrid in in taste
- Medicinal
 - Fruits useful in cardiac trouble & biliousness ,gastric
 - Leaves and shoots used for plastering boils
 - Bark is useful in cough, asthma and inflammation
- Sand dune stabilization



Nutrient composition of Kair (values are on dry weight basis except moisture and Vit C)					
SNo.	Nutrient	Fresh Kair	Freshly Processed		
1	Moisture (g)	69.5	73.7		
2	Crude Protein (g)	13.9	13.6		
3	Fat (g)	6.7	6.6		
4	Crude fiber (g)	13.9	13.8		
5	Total Ash (g)	5.9	27.3		
6	Carbohydrate (g)	59.7	38.6		
7	Energy (K cal)	354.5	268.8		
8	Mineral (mg) Sodium	3.6	102.4		
	Potassium	161.2	166.8		
	Iron	2.5	2.8		
	Zinc	1.5	1.42		
	Manganese	2.2	2.31		
	Copper	1.8	1.68		
9	Vit C (mg)	50	nil		

Improvement in fertility status under Ker Plantation

SOIL PRPPPERTIES	BARREN DUNE SAND	DUNE SAND UNDER KER
рН	8.6	7.6
Ec (ds/m)	0.3	0.4
Total N (%)	0.007	0.36
Available N (kg/ha)	87.5	168.0
Available p ₂ o ₅ (kg/ha)	14.9	24.1
Available K (meq/100 g)	0.04	0.8

Effect of different concentrations of growth hormones on sprouting and rooting of hard wood cuttings of Kair



Growth hormon	es (ppm)	Sproutin g %	Length of longest sprout cm	Roots per cutting No.
NAA 1000		5	5.0	1.25
	2500	8	6.5	2.00
	5000	9	6.7	2.25
	7500	5	5.0	1.00
IAA	1000	3	5.0	0.75
	2500	4	5.50	1.5
	5000	6	5.75	2.25
	7500	5	4.25	0.75
IBA	1000	9	8.0	1.25
	2500	13	9.5	2.25
	7500	17	7.75	2.00

Effect of time of planting on length of shoots



Time of planting	Length of shoots (cm) (after eight month of planting)
July	20.26
August	16.33
September	10.90
February	10.56
C.D.(0.05)	6.46

Effect of season & type of medium on sprouting of hard wood cuttings of Kair treated with 5000 ppm IBA

Type of medium	No. of sprouts per cutting		Length of longest••• root (cm)	
	July	Feb	July	Feb
Pure soil	3.69	3.5	5.24	3.5
	(1.92)	(1.87)	(2.29)	(1.87)
Sand+FYM	10.49	6.81	13.47	6.55
	(3.24)	(2.61)	(3.67)	(2.56)
Soil+FYM	6.35	4.54	9.18	5.24
	(2.52)	(2.31)	(3.03)	(2.69)
CD	0.24		0.18	

Planting and manuring of Kair



- Planting distance: 5-6 m
- Pits dug 50 cm³ size during the month of June
- Pits fill with FYM 10-20 kg , SSP 200gm, 50 gm MOP,
- Manuring & Fertilizers for fully developed shrub
- FYM 15-20 Kg, N 200 gm P₂O₅ 200 gm, K 50 gm (N.L.Sen 2004) can increased according to soil condition

Irrigation, weeding & hoeing



- Newly planted plants required watering only up to one year
- After 1 year absorb moisture from lower levels
- Mulching is beneficial in initial stage of plants
- Weeding is essential specially after rainy season
- Hoeing is also beneficial during the June July month to conserve rain water.

Flowering, fruiting and yield of kair

- Flowering occurs twice a year during Feb.- March and July-August
- More flowering is observed in Feb March
- Fruits harvested in march and May from flowers of Feb March, October fruiting from July – August flowering. It bear brick red colour flowers
- One man can harvest 10 kg fruits / day

Yield

- 10-20 kg green in mature acrid fruits/ shrub obtained Fresh fruits are not used directly but they should used after curing
- Capers can cure or preserved in 10-15% salt in air tight container.
- In initial 10 % salt is used after one week it change & this process repeated 3-4 times, then15 % salt conc. used for longer period.





Sprouted and rooted cuttings of Ker treated with different concentrations of growth hormones.

One year old cuttings treated with 5000 ppm IBA. (A)









Days after fruit set	Diameter of fruit (mm)
7	4.8
10	7.7
15	9.5
20	16.8











Recipe for the preparation of kair pickle



Kair cured	10 kg
Salt powder	150 gm
Red chilli (Powder)	600 gm
Cumin (whole)	200 gm
Turmeric (powder)	200 gm
Coriander (Powder)	200 gm
Amchoor (powder)	400 gm
Garlic	100 gm
Saunf	400 gm
Mustard oil	Sufficient quantity





